



Define Success On Your Terms

START HERE! Use this sheet to get clear on what success means to you!

1. How would you define success? Include what you consider to be tangible and intangible evidence of success.

2. When did you first hear/learn/identify this definition of success? Who or where did you hear/learn/identify this definition from?



4. How do the answers from question 3 show up in your definition of success?

3. What do you value most in life? What brings you joy?



Consider your answers above and rewrite your definition of success here. Incorporate what you learned in the journaling exercises above.

YOUR TRUE DEFINITION OF SUCCESS

